

## Minutes

Point Roberts Public Hospital District

Wednesday December 14, 2022

### **Call to Order:**

The meeting was called to order at 7:00 p.m. by Stephen Falk, Commissioner (via Zoom)

### **Attending:**

Commissioners: Stephen Falk, Sara Oggel, Noel Newbolt  
Superintendent: Barbara Wayland  
Financial Advisor: Paulette Ladner - absent  
Recording Secretary: Farrah Carsten

### **Introduction of Guests:**

Dr. Sean Bozorgzadeh Virginia Lester, Alexandra Wiley, Vic Riley, Shannon Tomsen, Patrick Grubb – APB

**Public Comment:** Shannon Tomsen directed her comments to Dr. Bozorgzadeh by stating this she is extremely grateful that he is in Point Roberts and has brought wonderful doctors with him as well as urgent care needs. Shannon said if she were on the commission, she would have him sign a 10-year contract. She wanted to let Dr. Bozorgzadeh know that there are several people in the community that think very highly of him as well as the other doctor's, she is grateful that he has made a commitment to the community. Dr. Bozorgzadeh thanked Shannon for the comments.

### **Approval of Prior Minutes:**

Approval of minutes from previous PRPHD Regular Meeting (November 9, 2022) and PRPHD Special Meeting (November 26, 2022)

**Motion:** To approve minutes as presented. **Motion carried.**

### **Financial Report:**

#### **Financial Report:**

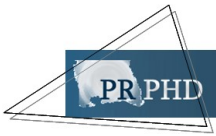
With Paulette being absent, Stephen presented the financial report. Current month payables \$16,583.52 / Payroll is \$3,344.00

There are no items to note.

#### **Bills presented for approval as follows:**

Bills paid:

12/13/22 – SuperTrack Urgent Care PLLC = \$16,000  
11/30/22 – Point Roberts Bookkeeping = \$224  
12/01/22 – Bellingham Business Machine = \$36.19  
12/07/22 – Whatcom County FD #5 = \$273.33  
11/18/22 – Point Roberts Press = \$50



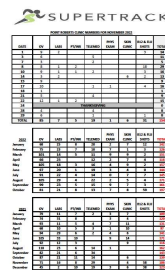
**Payroll as follows:**

- Heather Dixon – Cleaner = \$560
- Barb Wayland – Superintendent = \$1,914
- Farrah Carsten – Secretary = \$528
- Stephen Falk – Commissioner = \$114
- Sara Oggel – Commissioner = \$114
- Noel Newbolt – Commissioner = \$114

*\*Stephen noted the commissioners were only paid for 1 meeting when there were 2 meetings during the month of November.*

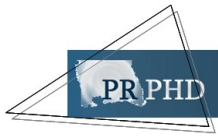
**Motion:** To approve warrants and payroll for prior months' expenditures as presented with an amendment regarding commissioner's additional pay for the 2<sup>nd</sup> meeting on November 26<sup>th</sup>. **Motion carried.**

**Clinic Medical Director Update:**



November's numbers were lower in comparison to last year due to flu vaccines and B12 shots. Dr. Bozorgzadeh stated the clinic is constantly getting new patients as well as urgent care patients.

**Influenza like Illness:** The numbers are very high in WA State. The vaccines are working well and matching the strains. RSV (Respiratory Syncytial Virus) has devastated Southern California and also in this state. The doctor has seen a couple of children with similar symptoms at the clinic. He stated most children do well with RSV however this year there has been an unusually high number requiring hospitalization and even ICU care. RSV affects adults as well but it mostly affects children. There aren't any medications available to be administered for RSV, only supportive care is provided. There has been 26 lab confirmed deaths (3 children and 23 adults) however Dr. Bozorgzadeh said that they are most likely immunocompromised (have other medical conditions), he doesn't know their overall health status. Type A has been the most common cases for influenza. In 2021 the numbers were very low, and 2022-2023 is extremely high. *A chart and graph was displayed on screen depicting the different influenza strains and number of cases reported.*



Dr. Bozorgzadeh didn't want to alarm anyone but suggested practicing good handwashing techniques, wear a mask in airports if you're travelling, stay up to date on vaccinations. He recommends to all of his patients to take Vitamin D and Vitamin C to boost your immunity. The clinic is almost all done with the flu vaccines. When a patient comes in the clinic staff ask about their vaccination status, if they haven't received the flu vaccine it is administered in the visit.

The Paxlovid program has worked well for SuperTrack. The clinic has been handing out the medication but sometimes after the initial phase wears off, people develop bronchitis. Paxlovid reduces the viral load but sometimes there is a bit of a rebound.

With the free antibiotic program, the clinic is making sure to have appropriate antibiotics on hand such as Zithromax. There are various reasons they are giving out these medications such as a UTI, pneumonia, or cellulitis. It's been a successful program and saves patients from having to drive to the mainland to pick up prescriptions. The clinic is trying to keep up with ordering these medications on a regular basis.

**Superintendent's Report:**

The district received another \$4,000 of grant money from the Medicaid project and will probably receive more next year.

**Holiday celebration:** Barbara and Stephen felt that due to the time of year and influenza illness circulating that PRPHD would hand out gift baskets once again and possibly plan a celebration mid-year when the weather is better.

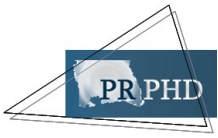
**Other:**

A member from the community sent an email to Barbara with concerns about the flu vaccine chosen. Barbara explained why the specific vaccine was chosen and how it is not efficacious for the clinic to have all the various flu vaccines available (the vaccines expire within a certain time if not administered and must be disposed). Barbara to forward the email to Alexandra.

**Next Regular Meeting: Wednesday January 11<sup>th</sup>, 2023 @ 7:00 pm via ZOOM**

Meeting adjourned: 7:21 p.m.

*Minutes approved verbally at the following month's ZOOM meeting*



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Stephen Falk

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Sara Oggel

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Noel Newbolt

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Farrah Carsten